



Children's Campus at SF State

Center for Early Care & Education, Professional Development and Research

## Toilet Learning Agreement

Name of Child \_\_\_\_\_

Toilet learning should be a positive experience for a child. Toilet learning is as individual as learning to walk and each child learns at a different pace. We will try toilet learning with your child for approximately 2 weeks once this agreement has been signed and discussed. If the child shows no interest, is fearful, or resistant, we will revisit the decision with the families. **If s/he has 2 accidents in one day s/he will go back into diapers for the rest of the day and we will try again the next day.**

The following is a check-list for both teachers and families so we can work together to minimize frustration and maximize success. *Families must also be engaging in toilet learning at home before we will begin at school. It is imperative that we are consistent at home and at school with our methods for toilet learning.*

### Families:

- Have your child start wearing underwear or pull-ups at home the weekend before we initiate toilet learning at school. If you feel it is necessary, the child can wear a diaper at night or you might try getting the child up once during the night to go to the bathroom.
- Children in the toilet learning process **must** wear underwear to school. Thicker training underwear is recommended. Pull-ups are also an option.
- Children must be able to take down their own pants before beginning the process.
- Have your child wear loose-fitting clothing that s/he can manage independently, such as elastic waist pants. Do not dress your child in belts or T-shirts that snap between the legs. Dresses are not a good idea because the child cannot see to pull down underpants.
- Families must supply multiple pairs of underpants and/or pull-ups each day. Please bring a bag with at least three pairs of extra clothes, including socks, every day. Bring an extra pair of shoes as well.
- If underwear or pull-ups aren't provided, we'll consider the toilet learning process to be "on hold" and we will discuss continued toilet learning with you.
- Please let us know if your son will sit or stand.
- Talk with your child on the way to school about your expectation that s/he will use the toilet at school just as s/he does at home. Sometimes the child who is toileting at home needs to know his parent expects him to do this at school as well. Plan some extra time at drop-off so that you can accompany your child into the class bathroom and cheer on his/her attempt to use the toilet.
- Ensure children understand that "accidents are okay"

### Teachers:

- The child will be told, "You need to go to the toilet/potty now" and will be taken to the toilet every 2 hours.
- Because of health regulations, teachers cannot wash the soiled clothes. We will put soiled clothes in a plastic bag for you to take home and wash.
- Will monitor the situation closely and let you know about your child's status on a daily basis.

Family Member Signature \_\_\_\_\_ Date \_\_\_\_\_

Teacher Signature \_\_\_\_\_ Date \_\_\_\_\_